

Allison Lynn Adams

Los Angeles | Nashville

949.433.5466

allisonadams934@gmail.com

Height 5'8"

Weight 140lbs

FILM

Problem Outta Nothin'	Music Video	Supporting	Dir. Jerod Hollyfield
Good Mourning	Short	Lead	Dir. Manuel Villarreal
Every Last Exhaustion	Feature	Lead	Dir. Ericson Just
San Andreas Quake	Feature	Supporting	Dir. John Baumgartner
The Trick	Short	Lead	Dir. Edoardo Pulella
VLOG*	Short	Supporting	Dir. Gaston Perez

*Hollywood Independent Reel Fest Official Selection

Full List Available Upon Request

THEATRE

Picasso at the Lapin Agile	Suzanna/Countess	North Hollywood Arts Center
Backstage Grease	Heather Reynolds	Avery-Schrieber Theatre
Uncommon Women and Others	Muffet	American Academy of Dramatic Arts
The Women	Jane	The PortHole Theatre
The Crucible	Susanna Walcott	The PortHole Theatre

Full List Available Upon Request

Training

Nashville, TN

4th Wall Acting Studio (Current)

On-going scene study (William Scott Arnold)

Los Angeles, CA

Actors Workout Studio

Meisner Weekly Advanced Class (Fran Montano)

Eric Morris Workshop

Actors Weekly Workshop (Eric Morris)

Actors Comedy Studio

Acting for Sitcom (Lauren Bartoni)

American Academy of Dramatic Arts

Two Year Conservatory Program: Graduated 2012

Studies include: Acting (Meisner/Strasberg/Adler), Viewpoints (Alexander Billings), Styles (Karen Hensel), Voice/ Speech, Vocal Production, Stage Combat (Brian Danner), Mask, Movement (Ballet, Jazz, Charleston, Waltz), Camera Acting, Make-up, Advanced Shakespeare, Sitcom, Alexander Technique

Orange County, CA

South Coast Repertory

Acting Fundamentals (Greg Ungar)

The Performers Academy

Master Class (Jeff Celentano), Method (Randall England), Scene Study (Musetta Vander), Cold Reading (Brent Huff)

South Orange County School of the Arts

Two Years: Graduated 2009

Studies included: Scene Study, Dance (Jazz, Hip-Hop), Stagecraft

SPECIAL SKILLS

Tae Kwon Do (1st degree Black Belt), Certified Yoga Instructor, Accents (RP British, Cockney, Irish, New York, Southern, Upper Midwestern, Valley Girl) Water-skiing, Volleyball, Swimming, Knitting, Juggling, Licensed driver, Bicycling, Roller Blading/Skating, Ice Skating, Bowling.